



**North Quadrant Level 1 & 2 Competition
2017**

**The Jean Brown Arena, Redbridge Sports
Centre, Forest Road, Barkingside, IG6 3HD**

Table of contents

Venue (PAGE 2)

- Directions
- Parking
- Tickets

Event Personnel: (PAGE 3)

- The competition organiser
- The Head of Judging Panels
- Medical provision
- Welfare Officer
- Announcer

Technical information (PAGES 3 & 4)

- Clubs
- Supervising coaches
- Assisting coaches
- Gymnasts
- Judges
- Equipment specifications
- Judges meeting
- Coaches meeting
- Gymnast registration
- Tariff sheets / score sheets
- Music
- BG Photography Policy

Competition details (PAGES 5 – 13)

- Competition timings
- Gymnast's attire
- Coaches' attire
- Judges attire
- Electronic communications
- Inquiries and protests
- Tie breaks
- Scoring and results
- Presentation ceremony and awards
- Categories
- Judging Panels

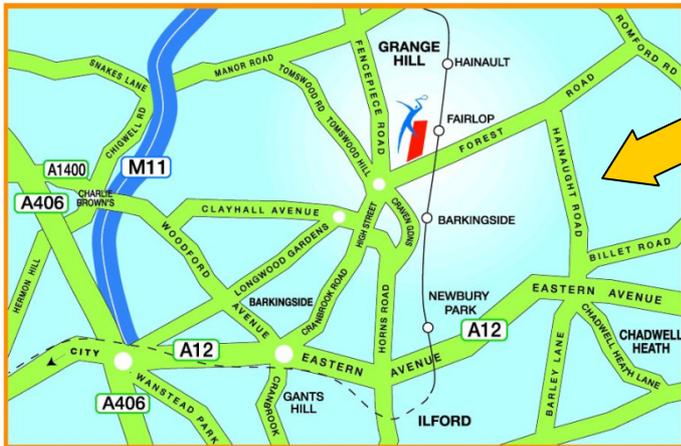
Appendices (PAGES 16 – 17)

Letter for parents /guardians Please email or print and give to parents where necessary. (Parents Information Booklet is available online)

Venue information

Venue title: *The Jean Brown Arena, Redbridge Sports Centre, Forest Road, Barkingside, IG6 3HD*

Directions:



Hainault Rd
NOT
Hainault Rd



By Underground: We are located next to Fairlop Tube Station on the Central Line.

Tickets:

Adult: £5.00

Concessions: £3.00

Concessions =

4-16

60+

CASH only

From the M11: At the end of the M11, take the left hand fork towards The City and A12. Take the first exit and at the roundabout at the end of the slip road take the first exit onto Redbridge Lane East. Go across several mini roundabouts and, when coming to a large one, go straight over into Longwood Gardens. Continue along Longwood Gardens (over some more mini roundabouts!) until you get to another slightly larger one. Turn right at this roundabout into Fremantle Road. At the traffic lights, turn left into Barkingside High Street. Carry on down until you reach the main roundabout. Take the third exit into Forest Road. The Centre is about 100 yards up on the left hand side just before the railway bridge.

From the North Circular Eastbound: Take the A1400 exit off the North Circular (just before the M11). At the roundabout take the 2nd exit towards Southend and the A127. Go over a set of pedestrian lights and at the next set of lights take the left hand turn into Clayhall Avenue. Go straight up Clayhall and at the roundabout go straight over (effectively the first exit.) At the traffic lights turn left into Barkingside High Street. At the next roundabout take the third exit into Forest Road.



Ample FREE parking is available.



On arrival at the Centre follow the road below PAST the first sports centre (red van pictured in photograph). The competition venue is the silver building top left. The Jean Brown Arena competition venue is pictured RIGHT. Please enter through the glass doors at the front and follow directions. London event staff (turquoise polo shirts) will be able to direct you.

Table of contents

Venue (PAGE 2)

- Directions
- Parking
- Tickets

Event Personnel: (PAGE 2)

- The competition organiser
- The Head of Judging Panels
- Medical provision
- Welfare Officer
- Announcer

Technical information (PAGES 2 & 3)

- Clubs
- Supervising coaches
- Assisting coaches
- Gymnasts
- Judges
- Equipment specifications
- Judges meeting
- Coaches meeting
- Gymnast registration
- BG Photography Policy

Competition details (PAGES 4-7)

- Competition timings
- Gymnast's attire
- Coaches' attire
- Judges attire
- Electronic communications
- Inquiries and protests
- Tie breaks
- Scoring and results
- Presentation ceremony and awards
- Categories

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GfA Judges Charter

Event Personnel:

The competition organiser: ***Name: Anita Merrick***

Judging Convenor: ***Name: Lauren Murdock and Jade Salim***

Medical provision: There will be a first aider present during the event. The first aider may be contacted through the Control desk. If required ice packs will be available from the Control desk.

Welfare Officer; There will be a welfare officer on duty during the event. The welfare officer may be contacted through the competition organiser

Announcer: ***Name: Various***

Clubs: Must be BG registered, LG affiliated and be in the North of London

Supervising coaches: Must have a current paid Gold BG membership, Current BG DBS & SPCA, & minimum level 2 qualification.

Assisting coaches: Must have current silver BG membership, DBS, SPCA & minimum level 1 qualification.

Level 1 assisting coaches must be coaching within their coaching qualification and be supervised by a Level 2 coach.

Gymnasts: Must have current BG membership

Judges: Judges require a current minimum Bronze BG membership & judging qualification

Equipment specifications: ***As in the competition rules***

Judges meeting: There will be a judges meeting at **08:30am Saturday and 09.00 Sunday, venue to be advised in the Judges information email.**

Coaches meeting There will be a coaches meeting **briefly prior to each competition within warm up.**

Gymnast registration Coaches will register their CLUB on arrival. Individual gymnasts do not need to register.

BG/LG Photo Policy:

By entering an LG event, there is an acceptance that the participants may be photographed and the photograph may be published in LG communications. Any person wishing to use video, film, or take photographs must abide by the BG 'Photography at Events' Policy. (www.british-gymnastics.org) Photos may only be taken for personal use. You may not take photos for sale, other commercial use, or publications in printed or electronic form, such as on websites. Clubs may publish some photos of their own gymnasts, but this may only be done in accordance with BG 'Child Protection' Policy

Flash may not be used at any time whilst gymnasts are warming up or competing. Any concerns about any photographer or the suitability of any photos being taken should be reported to the Welfare Officer at the event.

Nominated coaches must not take photos or videos, whilst in the arena. Coaches who are spectators are covered by the same rulings as parents/guardians.

Competition Timetable Timings

Coaches Arrival is 15 Minutes before the Gymnasts arrival time.

Saturday 2nd June 2017

Round	Gymnasts Arrival from	Warm Up & Start	Finish
1 Sat	08.30	09.00	11.00
2 Sat	10.30	11.00	13.00
Judges and volunteers lunch break			
3 Sat	13.00	13.30	15.30
4 Sat	15.00	15.30	17.30

	Red Panel	Blue Panel	Green Panel	Yellow Panel
Round 1	Catleaps 30 Gymnasts	NELGC 2 Gymnasts Camden 10 Gymnasts PBSC 17 Gymnasts	Harlequin 30 Gymnasts	Islington 21 Gymnasts Walthamstow 6 Gymnasts
Round 2	Catleaps 30 Gymnasts	PBSC 30 Gymnasts	Harlequin 22 Gymnasts Jax 8 Gymnastics	Enfield GC 22 Gymnasts East London 8 Gymnasts
Round 3	Catleaps 30 Gymnasts	PBSC 29 Gymnasts	Jax 9 Gymnasts Elite 21 Gymnasts	East London 30 Gymnasts
Round 4	Catleaps 30 Gymnasts	Kingfisher 29 Gymnasts	Elite 30 Gymnasts	Flipstars 19 Gymnasts Total Gymnastics 1 Gymnast

Sunday 3rd June 2017

Round	Gymnasts Arrival from	Warm Up & Start	Finish
1 Sun	09.00	09.30	11.30
2 Sun	11.00	11.30	13.30

	Red Panel	Blue Panel
Round 1	Calypto GC 13 Gymnasts Highgate Newton 4 Gymnasts Catleaps GC 15 Gymnasts	OKGA 27 Gymnasts Total Gymnastics 8 Gymnasts
Round 2	EJB 36 Gymnasts	NELGC 28 Gymnasts Swiss Cottage 2 Gymnasts Bridge Park 3 Gymnasts

Coaches should arrive 15 minutes before their gymnast's arrival time. If a coach from the club is not present then gymnasts will not be allowed into the Competition Arena. On arrival

the coach will register the club and collect the gymnast's certificates which will act as their number in competition and must be handed to the judges on each piece.

On arrival come into the main centre doors, walk through the double doors and take the first door on the right into the first half of the arena. Parents will also bring gymnasts through this way so that coaches can meet their gymnasts in the same place. This will also be the area where parents and gymnasts are reunited.

Gymnasts will go to their Panel Area with their coaches, they should NOT bring any bags or clothing with them.

Running order is per club rather than per gymnast. If a club has more than one slot then they decide which gymnasts are in which round.

Gymnasts at L1 within their club should be the first to compete, followed by L2. Can coaches please order gymnasts appropriately and signal to judges when L2 is starting. Half the gymnasts in the group from a Club start on the vault station and half on the floor station.

Apparatus stations are grouped together so that a Panel has vault and Floor equipment together. Once a gymnast has performed their first piece of apparatus they wait to do their second.

Please ensure you have a MINIMUM of two coaches but this can be more. You will have gymnasts on floor and vault at the same time and will also need to be taking gymnasts back to parents once they have competed so ideally a club would need four coaches.

Gymnast's attire: No bags, coats, shoes should be taken into the competition arena and should be left with parents / guardians. Children may wear their club tracksuit if they wish as they will be seated in the arena.

Girls: Appropriately fitting, long or sleeveless leotard, tight fitting shorts can be worn, gymnastics shoes may be worn

Boys: Appropriately fitting Sleeveless leotard and gymnastics shorts, gymnastics shoes may be worn

All long hair must be tied up. Jewellery, body piercing and similar adornments are not allowed

Coach's attire: In line with BG regulations, coaches must wear club tracksuit or polo shirt, t -shirt and long track bottoms. Footwear should be clean trainers or socks. Coaches will not be allowed on the floor if wearing inappropriate clothing or jewellery and their gymnasts may be removed if an alternative coach is not present. Long hair must be tied back and bags should not be held whilst coaching.

Chewing gum is not permitted at anytime.

Judges attire: Judges and officials must wear *black/blue* suits, skirts or trousers with jackets and white shirts with black smart shoes. Please see Judges Charter in Appendix.

Electronic communications:

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the arena during the event.

Inquiries and protests

There will be no appeals process in this competition.

Tie breaks: There are no tie breaks as scores and placings are not given in this competition.

Scoring and results: No scores will be given in this competition. Gymnasts are banded according to the score given by judges. These scores will not be announced or published.

Every gymnast will receive a certificate and medal for the overall mark they achieve. There will be no placings, just bandings.

At levels 1-2, to earn a Gold, Silver or Bronze medal the gymnast must achieve between the following scores:

Floor thresholds for Levels 1-2		
Gold = 9.0 to 10.0	Silver = 8.3 to 8.9	Bronze = 8.2 or below
Vault medal thresholds at levels 1-2		
Level 1	Gold = 9.7 – 10.9	
	Silver = 9.0– 9.6	
	Bronze = 8.9 or below	
Level 2	Gold = 10.4– 11.8	
	Silver = 9.6 – 10.3	
	Bronze = 9.5 or below	

Categories: There are no categories as gymnasts are just competing against themselves to get a banding score (see above) to receive their medal.

Presentation ceremony and awards: There is no presentation ceremony. Once each set of judges has placed a sticker on their certificate (2 stickers overall), they will be escorted in groups to the other half of the hall to await their parents before collecting their

medal. Please ensure you have enough coaches with you to manage coaching the gymnasts and escorting the gymnasts back to their parents. Gymnasts and parents will then be able to go to the London Gymnastics display area to take photographs.

Warm up timetable

This will take place in the competition arena at the gymnast's competition Panel area.

A fun group warm up will be done to music with all children doing the same warm up together led from the front of the hall. (Coaches and parents can join in too!)

Gymnasts will then get one run through of their floor routine individually on the floor area. For Vault they will get 2 vaults to practise. The best of two vault scores will count for their sticker.

Please remember Level 1 & 2 are introductory levels where gymnasts are competing against themselves to win a medal. Judges will be sympathetic to the fact that some gymnasts have no competition experience and may be nervous.

Please ensure parents are given clear information on the competition. We give you an editable parent's letter which has all the information they could require about the event. Our Event Staff are Volunteers and will not deal with parents who are being abusive due to clubs not informing them of the Competition Information. If there are any instances of abuse to staff then the perpetrators will be removed by our Security Staff. Please help us by ensuring your gymnast's parents are informed.

AN EDITABLE VERSION OF THIS PAGE IS AVAILABLE IN WORD ON THE COMPETITION PAGE

To the Parent / Guardian of

Venue: **The Jean Brown Arena, Redbridge Sports Centre, Forest Road, Barkingside, IG6 3HD**

Your child is competing on: Saturday 3rd June / Sunday 4th June in the Level 1 / 2 Competition in Round: **1/2/3/4** Please arrive at the venue at (insert time)

There is ample parking at the venue. There are signs and staff in the arena to guide you. At NO time will any parents be allowed onto the competition floor or gymnasts allowed back into the audience during a competition.

Warm Up and competition will be at: (insert time)

All times are subject to change if the programme is running early. Please note the competition will not be held up if your son / daughter does not arrive by allocated time, the organisers reserve the right to begin half hour ahead of published timings except for in round one.

All gymnasts competing will receive a medal according to their score. This will be presented to them after the competition. There is no official photographer but there will be a London Gymnastics photograph area where parents can take pictures of their gymnasts with their medals and certificates.

Gymnasts should wear: (insert clothing requirements)

Long hair(insert directions).

No bags or clothing can be taken into the competition arena with the gymnasts. Parents should keep their children's belongings with them.

Spectator tickets are £5.00 per person for the day, £3.00 for under 16's and over 65s, under 5's go free. **Cash only for tickets.** Gymnasts also gain free entry on the day they are competing. As usual we will have the London Gymnastics Shopping Mall with Zone Leotards. All our Shopping Mall suppliers accept all major credit / debit cards.

If your child is unable to compete please let the club know immediately. There are over 1700 children competing, your child CANNOT change days or times.

NO FLASH photography can be used during the competition. Parents may not contact the organiser.

Many thanks,
(Insert name of club)